

Toi Gye Tul

This pattern begins in Moa Chunbi Sogi B, Closed ready stance B

Stances	Techniques
1. L stance Niunja sogi (Niunja so kaunde an palmok makgi)	Middle section inner forearm block Kaunde an palmok makgi
2. Walking stance Gunnun sogi (Gunnun so najunde dwijibun sonkut tulgi)	Low upset fingertip thrust Najunde dwijibun sonkut tulgi
3. Closed stance Moa sogi (Moa so yop dung joomuk taerigi – najunde bakat palmok makgi)	Side back fist strike & Low outer forearm block Yop dung joomuk taerigi & najunde bakat palmok makgi
4. L stance Niunja sogi (Niunja so kaunde an palmok makgi)	Middle section inner forearm block Kaunde an palmok makgi
5. Walking stance Gunnun sogi (Gunnun so najunde dwijibun sonkut tulgi)	Low upset fingertip thrust Najunde dwijibun sonkut tulgi
6. Closed stance Moa sogi (Moa so yop dung joomuk taerigi – najunde bakat palmok makgi)	Side back fist strike & Low outer forearm block Yop dung joomuk taerigi & najunde bakat palmok makgi
7. Walking stance Gunnun sogi (Gunnun so kyocha joomuk noollo makgi)	X fist pressing block Kyocha joomuk noollo makgi
8. Walking stance Gunnun sogi (Gunnun so sang sewo jirugi)	Twin vertical punch Sang sewo jirugi
9. N/A (Apcha bisugi)	Front snap kick Apcha bisugi
10. Walking stance Gunnun sogi (Gunnun so baro jirugi)	Obverse punch Baro jirugi

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| 11. Walking stance
Gunnun sogi
(Gunnun so bandae jirugi) | Reverse punch
Bandae jirugi |
| 12. Closed stance
Moa sogi
(Moa sogi) | Slowly bring fists to hips
n/a |
| 13. Sitting stance
Annun sogi
(Annun so bakat palmok san makgi) | Outer forearm W shape block
Bakat palmok san makgi |
| 14. Sitting stance
Annun sogi
(Annun so bakat palmok san makgi) | Outer forearm W shape block
Bakat palmok san makgi |
| 15. Sitting stance
Annun sogi
(Annun so bakat palmok san makgi) | Outer forearm W shape block
Bakat palmok san makgi |
| 16. Sitting stance
Annun sogi
(Annun so bakat palmok san makgi) | Outer forearm W shape block
Bakat palmok san makgi |
| 17. Sitting stance
Annun sogi
(Annun so bakat palmok san makgi) | Outer forearm W shape block
Bakat palmok san makgi |
| 18. Sitting stance
Annun sogi
(Annun so bakat palmok san makgi) | Outer forearm W shape block
Bakat palmok san makgi |
| 19. L stance
Niunja sogi
(Niunja so najunde doo palmok miro makgi) | Low double forearm pushing block
Najunde doo palmok miro makgi |
| 20. Walking stance
Gunnun sogi
(Gunnun so wit mok jappgi) | Grab back of opponents head
Wit mok jappgi |
| 21. N/A

(Ollyo murup taerigi) | Upward knee kick
Ollyo murup taerigi |
| 22. L stance | Knife hand guarding block |

34. Walking stance Circular block
Gunnun sogi ***Dollimyo makgi***
(Gunnun so dollimyo makgi)
35. Walking stance Circular block
Gunnun sogi ***Dollimyo makgi***
(Gunnun so dollimyo makgi)
36. Walking stance Circular block
Gunnun sogi ***Dollimyo makgi***
(Gunnun so dollimyo makgi)
37. Sitting stance Middle punch
Annun sogi ***Kaunde jirugi***
(Annun so kaunde jirugi)