



I am pleased to confirm that I will be re-opening my studio from Saturday 25<sup>th</sup> July.

Due to Coronavirus, there are additional measures that I have had to introduce to protect the safety of myself and my customers.

I do have to record the contact details of everyone that visits my premises and keep it for 21 days, please can I ask that you provide the requested details, to conform with the Track and Trace, although I already have your details, I want to ensure that they are up to date.

- There will be a maximum of 6 people training at any time.

Before you leave home

- If you are feeling unwell or have been in contact with someone that has shown symptoms of Coronavirus, or have been advised to self-isolate, please do not visit my studio

When you arrive

- Please do not enter my premises until I have confirmed that it is ok to do so, by waiting outside the entrance a distance of 2 metres away.
- Please also ensure that you leave a 2 metre gap between yourself and other clients
- I will be taking the temperature of everyone prior to entering, by using an infrared temperature gun
- Please use the hand sanitiser on arrival that is located on the wall at the entrance
- Please remove your footwear and any outerwear and leave by the door, please bring as little in with you as possible as there is not a lot of space, if you have your own Indian Clubs, please bring these with you.
- There will not be any changing facilities available, so please do arrive in your training kit
- Please do not touch anything unnecessarily

During Training

- There will be a 2 metres gap between everyone

- To allow for air flow, the main entrance door and the back door will always remain open
- No access will be given to the office
- If you do require the toilet facilities, please ensure that you wash your hands, using the soap provided for 20 seconds, I have also installed a paper towel dispenser

#### After Training

- After every client has visited the studio, I will be cleaning down all equipment that has been used
- I will clean any surfaces that have been touched
- At the end of the day I will sweep and disinfect the floor